

Surrender

30-DAY DEVOTIONAL TO
SEEK GOD FOR DIRECTION

digital

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We often find ourselves at crossroads, yearning for clarity, purpose, and the unmistakable hand of God guiding our steps. This devotional is a heartfelt invitation to embark on a journey of surrender, to let go of the reins and allow the Creator of the heavens and the earth to chart the course.

Within these pages, you'll discover a sacred space where seeking God's direction intertwines with the beautiful act of surrender. Each day is a stepping stone, guiding you through reflections, scripture, and real-life applications that will deepen your connection with the Almighty. You'll explore the art of surrendering – not as a sign of weakness, but as a profound acknowledgment of your trust in a loving and omniscient God.

In this sacred journey of surrender and seeking divine guidance, Young Living's "Sacred Mountain" essential oil blend serves as a perfect companion. This carefully crafted blend, featuring the harmonious aromas of Spruce, Ylang Ylang, Balsam Fir, and Cedarwood, creates a serene and grounding environment ideal for spiritual reflection and prayer. Sacred Mountain helps to elevate your sense of spiritual connectedness and purity, encouraging a deeper trust in God's plan for your life. As you immerse yourself in the devotional, let the comforting and centering aroma of Sacred Mountain envelop you, inviting a sense of peace and divine presence.

May this aromatic experience enhance your journey of surrender, grounding you in faith and opening your heart to the infinite wisdom and love of the Almighty.



Day 1: Trusting the Navigator

Proverbs 3:5-6 "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Today is about trusting. The verse says, "Trust in the Lord with all your heart." It's personal. Your worries, your plans – give them to God. Don't get too caught up in figuring it all out. Instead, let Him navigate. When you submit your ways to Him, He promises to make your paths straight. It's like having a trusty GPS for life!

Day 2: The Stillness of His Presence

Psalm 46:10 "He says, 'Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.'"

Today is about slowing down. "Be still," God says, "and know that I am God." It's in those quiet moments that you really get to know Him. Make time to be still, breathe, and let God speak. It's like tuning in to the best frequency. In the hush, He reveals Himself. Try it today, and see how the stillness unveils His presence.

How can you add moments of stillness to your daily routine? What aspects of God's character become clearer you when you deliberately seek stillness?

Day 3: Conversations with the Almighty

*Jeremiah 29:12 "Then you will call on me and come and pray to me,
and I will listen to you."*

Let's talk about talking with God. "Call on ME," He says. It's like having a direct line to the One who cares deeply about you. Prayer is your chance to have a chat with the Almighty. Today, let's engage in conversations with God. Pour out your heart; He's listening.

How can you make prayer a more genuine and consistent part of your daily life? What specific areas of your life need God's direction? Bring them to Him in prayer today.

Day 4: Unburdening Through Thanksgiving

Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all

Let's talk about anxiety. The verse says, "with thanksgiving." Imagine presenting your worries to God with a side of gratitude. It's like trading stress for peace. Today, unburden yourself through the powerful practice of thanksgiving.

Identify a source of anxiety in your life. How can you turn it into a prayer of gratitude? Recall a time when thanksgiving brought you peace in the midst of turmoil.

Psalm 119:105 "Your word is a lamp for my feet, a light on my path."

How can you prioritize regular engagement with God's Word in your daily life? Share a specific verse that has provided direction or comfort in a challenging time.

Ecclesiastes 4:9-10 "Two are better than one because they have a good return for their labor: If either of them falls down, one can help the other up."

Who is your accountability partner in your spiritual journey? Share your prayer requests with your partner and commit to praying for each other daily.

Day 7: Reflecting on God's Faithfulness

Lamentations 3:22–23 "Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness."

Today is all about reflecting on God's faithfulness. His love, like a sunrise, is fresh every day. He is merciful and full of compassion. His love is GREAT. Remember the times when God showed you His love, compassion, and faithfulness.

Take a moment to reflect on instances where God has shown faithfulness in your life. How can remembering God's faithfulness empower you to surrender to His will for the future?

Day 8: Gratitude for God's Guidance

Psalm 143:10 "Teach me to do your will, for you are my God; may your good Spirit lead me on level ground."

"Teach me to do YOUR will," the psalmist says. This is a prayer that we can and should pray on a regular basis. God's Spirit wants to lead you on smooth paths. How can you express gratitude for His guidance today? Navigate life with God as your trusted teacher.

What areas of your life do you need God's guidance in? How can you actively express gratitude for God's leading in you life today? Pray for His guidance where you need it right now today.

Day 9: Patience in Waiting on God

Psalm 27:14 "Wait for the Lord; be strong and take heart and wait for the Lord."

"Wait for the Lord," the psalmist encourages. It's like anticipating the best movie – SO worth the wait. Not only that, but be strong and take heart – KNOWING that God KNOWS about little detail of your waiting. Today embrace patience knowing that God's timing is always perfect.

Reflect on a time when waiting on God's timing proved beneficial.
How can patience strengthen your trust in God's direction?

Day 10: Fasting and Seeking God's Will

Matthew 6:16-18 "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have their reward."

When we forgo food and turn to God we will benefit especially when it's all done in secret. This is between you and God. Today, if you haven't yet, consider incorporating fasting into your seeking-God's-direction toolkit. It's not just about what you're giving up, but what you're gaining in spiritual clarity.

Find scriptures on fasting. How can fasting deepen your reliance on God and sharpen your spiritual discernment?

Day 11: A Living Sacrifice

Romans 12:1 "Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship."

True and proper worship is to offer your body as a living sacrifice, holy and pleasing to God. The idea here is to live your life dedicated to God. Think about how you worship God – not just in songs – but in how you live your life.

How does your understanding of worship connect with surrendering to God's will? In what ways can you use worship to draw closer to God and seek His direction?

Day 12: Community and God's Guidance

Proverbs 11:14 "For lack of guidance a nation falls, but victory is won through many advisers."

"Many advisers" make victory possible. Who's in your community? Share and seek advice, because God often speaks through others. Today, let's recognize that seeking guidance is a team effort.

How does gathering together with other believers contribute to your spiritual journey? Are there areas where seeking advice from others can help you gain clarity about God's will?

Day 13: Surrendering Control

Isaiah 55:8-9 "For my thoughts are not YOUR thoughts, neither are YOUR ways my ways, declares the Lord. As the heavens are higher than the earth, so are MY ways higher than YOUR ways and MY thoughts than YOUR thoughts.

Today is about letting go. God's thoughts are way above ours. Surrendering control is like handing the steering wheel to an expert. Today, identify areas where you're holding on too tight. Let go of the outcome, let go of the timing, let go of how you think it should happen...let it all go.

In what areas of your life are you struggling to let go of control?
How can trusting in God's higher perspective bring peace to you heart?

Psalm 37:4 "Take delight in the Lord, and he will give you the desires of your heart."

What are the desires of of your heart? How much are you being pliable in the hands of God. Ask God for more wisdom on how to properly delight in Him.

James 4:10 "Humble yourselves before the Lord, and he will lift you up."

How can humility open your heart to God's guidance?
Reflect on a recent situation. How might humility have played a role?

Day 16: Learning from God's Word

2 Timothy 3:16-17 "All Scripture is God-breathed and is useful for teaching, rebuking, correcting, and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."

Today is about diving into God's Word. It's not just a book; it's a living guide.

"All Scripture is God-breathed," Paul says. Think of it as God's personal instruction manual. Today, let's approach the Bible with anticipation, knowing it equips us for God's plan.

How can regular study of God's Word equip you for discerning His will?

In what ways has Scripture guided you in challenging times?

Day 17: God's Guidance in Decision-Making

Proverbs 16:3 "Commit to the Lord whatever you do, and he will establish your plans."

"Commit to the Lord whatever you do," Solomon advises. Picture it as having a decision-making partner. As you align your plans with God, He promises to set you on the right track. Today, let God help you make better decisions.

How intentional are you about seeking God's guidance in your daily decisions? Reflect on a recent decision. How might you involve God more in the process?

1 John 5:14-15 "This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us."

How can you align your prayers with God's will? Reflect on a specific prayer request. How might you adjust it to better align with God's plan?

Day 19: Discerning God's Voice

John 10:27 "My sheep listen to my voice; I know them, and they follow me."

"My sheep listen to my voice," Jesus says. How do we hear His voice? By knowing Him. We know Him through His word that was left for us – the Bible.

Prayerfully get into the word of God and ask God to open your eyes to understand what is written. Quiet the noise and listen to what He is saying, trusting that He guides those who follow Him.

How do you actively listen for God's voice in you life? Share an experience where you felt God's guidance through an inner prompting or conviction.

Day 20: Cultivating a Thankful Heart

1 Thessalonians 5:16-18 "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

"Give thanks in all circumstances," Paul advises. It's like a secret ingredient for joy. Even in tough times, gratitude shifts our perspective. Be thankful today for every circumstance – even in this time of seeking God for direction.

How can cultivating a thankful heart help you surrender to God's will? Reflect on a challenging circumstance. How might gratitude shift your perspective?

Day 21: Surrendering Fear

Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

Imagine God holding your hand, saying, "I've got this." Fear can't stand when God steps in. Today, identify fears holding you back and surrender them to the One who strengthens, helps, and upholds.

Identify fears or anxieties that may be hindering your surrender to God.
How can meditating on God's promises alleviate your fears and foster trust?

Day 22: Embracing Vulnerability

2 Corinthians 12:9 "But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

"My grace is sufficient for you," God declares. It's okay not to have it all together because God's power shines brightest in our weaknesses. When we feel weak that's when the power of Christ can manifest in our lives. Paul even says he will boast about his weaknesses. What about you?

Where do you feel most vulnerable in your journey of seeking God for direction? How can embracing vulnerability lead to a deeper experience of God's grace?

Day 23: Stepping Out in Faith

Hebrews 11:1 "Now faith is confidence in what we hope for and assurance about what we do not see."

"Now faith is confidence," the author of Hebrews says. It's like taking a step when you can't see the whole staircase. Consider an area where God is calling you to trust Him more. Take that step; God's got you.

Where in your life is God calling you to step out in faith?
How can confidence in God's promises impact your decisions and actions?

Day 24: Surrendering Past Mistakes

1 John 1:9 "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."

Today is about surrendering past mistakes. "If we confess," John assures us that God is faithful to "forgive us our sins and purify us from all unrighteousness." It's like receiving a fresh start every time we come to God. It takes faith to do what the scripture says and then know you are forgiven. Believe the scriptures today. Embrace the freedom He offers.

Is there a past mistake or sin you need to surrender to God today?
How does knowing God's faithfulness to forgive impact your sense of
freedom and peace?

Day 25: Embracing God's Timetable

Ecclesiastes 3:1 "There is a time for everything, and a season for every activity under the heavens."

"There is a time for everything," Solomon reminds us. It's like a perfectly orchestrated play. But sometimes we want what we want right now. Is impatience starting to creep in? Trust God's timing; He knows what He's doing.

Where are you struggling to embrace God's timing in your life?
How can patience and trust in God's timing transform your perspective?

Day 26: Surrendering the Need for Approval

Galatians 1:10 "Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ."

"Am I trying to win human approval or God's?" Paul challenges. It's like realizing you're already accepted by the One who matters most. Today, release the need for approval and live as a servant of Christ.

In what areas of your life are you seeking human approval more than God's? How can surrendering the need for approval free you to live authentically for Christ?

Day 27: Gratitude in the Journey

Psalm 118:24 "The Lord has done it this very day; let us rejoice today and be glad."

We need an attitude of gratitude while we are seeking direction from God. Today is a great day to reflect on the goodness of God in your journey. Express gratitude for where He's brought you up to this point.

What are you most grateful for in your journey with God?

Day 28: Get Rid of The Pride

Proverbs 16:18 “Pride goes before destruction, a haughty spirit before a fall.”

God resists the proud. The word resists means to oppose. God fights against those who are prideful. He actually hates pride. In order to fully surrender, we have to lay aside the pride.

How does pride show up in your life? What can you do to surrender your pride more?

Day 29: Surrendering Anxiety Through Prayer

Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

"Do not be anxious," Paul advises. It's like handing over your worries and receiving God's peace in return. Today, bring your anxieties to God, knowing His peace stands guard over your heart and mind.

What anxieties or worries are currently occupying your thoughts? How can surrendering those worries through prayer bring peace to your heart?

Psalm 119:105 "Your word is a lamp for my feet, a light on my path."

How has this 30-day devotional journey impacted your relationship with God? In what ways has God provided guidance and direction in your life during this time?

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